

February 2017

Dear Parents

### **Introducing Your School Counsellor**

My name is Laurie Sutherland and I am pleased to be back at St Brigid's School again this year as the School Counsellor/Chaplain.

My role here at St Brigid's is to provide pastoral care and support to the whole school community. I am available for students, parents, family members, carers, teachers and school staff members who may wish to talk through any issues, concerns or worries.

I have a professional background as a social worker with many years experience working with troubled young people and their families.

This year, I will be working at St Brigid's on Tuesdays, so, if you or your child would like to come in and see me, please do not hesitate to call me at the school. The phone number here is 9734 1097.

If you feel you need a little extra support for yourself or your child, or would just like to speak with someone as you try to deal with a problem or worry, please feel free to ring me or the school office and arrange to come in and have a confidential chat. If you cannot come in to the school for any reason, you are still very welcome to ring me and I will chat with you over the phone. Unfortunately for workplace safety reasons, I cannot make home visits.

I look forward to being of assistance to you and offering any pastoral care and support I can. I would be delighted also to share your excitement and joy about something wonderful happening in your children's lives and families.

Best Wishes to you all

God Bless

Laurie Sutherland  
School Counsellor