Dear Parents/Guardians,

It’s been a very busy week for students at St Brigid’s with the Bike Track Opening, excursions, preparation for First Holy Communion and the 20km Student Bike Challenge.

Last night 70 members of our school community gathered for a shared meal in the Parish Hall as part of the students’ preparation for First Holy Communion. After dinner and sweets, the 18 First Holy Communion candidates worked on two activities with their families before the students were given the opportunity by Father Jaybee to try unseccreted bread and wine so the students know what to expect on the day. (Photos to follow on Page 2).

God Bless

Mr Cronin

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**Term 3 Important Dates 2014**

Aug 27 • Yr 4 Reconciliation
Aug 29 • Yr 1 Assembly
Aug 29 • First Holy Communion Rehearsal Church
Aug 31 • First Holy Communion 10am
Sep 03 • PP/Yr 1 Liturgy 10am
Sep 05 • Yr 2 Assembly
Sep 05 • Fathers Day Stall
Sep 08 • Kindy Sports Carnival 1.30pm
Sep 10 • Yr 6/7 Mass 10am
Sep 11 • Athletics Jumps and Throws
Sep 12 • Athletics Carnival
Sep 17 • Yr 5 Reconciliation
Sep 19 • Art Show School Hall
Sep 19 • Art Spectacular 7pm
Sep 24 • Whole School Mass 9.30am
Sep 26 • Last Day term 3

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**Prayer Corner**

Thank you God for...

- making us feel alive.

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**Hunga Busta Roster**

Aug 22 Friday  
Aug 25 Monday  
Aug 27 Wednesday  
Aug 29 Friday  
Sep 01 Monday  
Sep 03 Wednesday  
Sep 05 Friday  

- Trish Stocks
- Blair Mumme
- Fiona Shepherd
- Karyn Cronin
- Leanne Prince
- Michelle Bentley
- Karena Rankin

Thank you

Mrs Higgins
Bike Track Opening

Thank you to all of the parents and grandparents who attended the opening of the bike track last Friday afternoon. There was a huge crowd there to witness the ‘St Brigid’s-Worsley 1000 Race’ in which students travelled around the track in their box cars that parents helped to make. Thank you also to Shane Kenyon who, while being one of our dads, was also Worsley’s representative to cut the ribbon to open the track after Worsley donated $5000 towards the track’s construction.

First Holy Communion Preparation

Families and Students of the Year 4 Class enjoying the activities at the Shared Meal Celebration.
Bell Time Change—8.50am

After looking into the length of our school day, there is a need to increase the time that students spend at school by 5 minutes so we are in line with other Catholic schools. The students were given the opportunity to vote on their preference between starting school at 8.50am instead of 8.55am or reducing their lunch break by 5 minutes. Students voted overwhelmingly for the earlier start so from next week, school will begin at 8.50am.

The St Brigid’s Parish
Church Cleaning Roster

<table>
<thead>
<tr>
<th>Date</th>
<th>Roster</th>
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</thead>
<tbody>
<tr>
<td>August 22</td>
<td>Chiellini Family</td>
</tr>
<tr>
<td>August 29</td>
<td>Krystyna Scofern &amp; Leonie Marshall</td>
</tr>
<tr>
<td>September 05</td>
<td>Battista Family</td>
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Year 1 Assembly
The Year 1 students’ many talents will be on display at their Assembly on Friday 29 August.

P & F Art Spectacular

Planning is well under way for St Brigid’s Art Spectacular to be held in the school hall on Friday 19 September at 7pm. At Wednesday’s committee meeting, it was decided that there will be a $10 entry for adults (not open to primary school students), which will include a drink and cheese platters. There will be individual student’s art work to admire and also a piece of art work from each year level that the students have worked on together that will be auctioned off. The school has applied for an Occasional Liquor Licence and drinks will be for sale on the evening.
Parents who would like to help set up the art work are welcome to join the team on Thursday 18 September at 3.30pm in the hall or at 9am on Friday 19 September.
In order to help make the evening a success, parents have the opportunity to assist with the donation of food items that can be brought in on the morning of Friday 19 September with families asked to spend no more than $5 per item:

Kindy, Dip.
- Salami, Pepperoni, Twiggy Sticks, Prosciutto.

Year 1, Hard Cheese eg Cracker Barrel, Cheddar, Blue Vein.

Year 2, Sourdried Tomatoes from Deli – Small container ONLY.

Year 3, Olives from Deli eg Garlic/Chilli, Kalamata – Small Container ONLY.

Year 4, Cherry Tomatoes, Grapes, Strawberries.

Year 5, Soft Cheese eg Brie, Camembert, Boconcini

Year 6, Toothpicks, White Serviettes.

Year 7, Savoury Biscuits eg Water Crackers, Jatz, Rice Crackers.
Collie to Donnybrook 20 km Student Event

Congratulations to the eight students from Years 5-7 from St Brigid’s who competed in the 20km Schools’ Challenge last Saturday as part of the Collie to Donnybrook Race Day. The students’ training paid off and St Brigid’s won the shield again this year.

Thank you to the parents who rode on the day and cheered at the finish line.

Fathers Day Stall

Following the Year 1 Assembly on Friday 5 September at 9.30am, students will have the opportunity to purchase a Father’s Day gift from a stall for $5. Students are able to buy more for grandfathers if they want to. Any mothers who would like to assist with the stall are asked to let the office know.

P & F Insulated Lunch Bags

Following on from previous success, the P&F have ordered more insulated lunch bags for students ordering their lunches from the canteen. The bags are fully insulated and keep your food nice and hot or cold. They are available now and cost $10 each. Please complete the order form below and return with your money to the office to order your lunch bag. A sample sheet of the Lunch Bags are attached.

Thank you
P&F Committee

Name: ____________________________

Class: ____________________________

No. Of Lunch Bags: ______________

Total Money Enclosed: ___________
Orange School Bus Services 2015
Is your child starting or changing schools in 2015 and are you seeking Transport Assistance on an ‘Orange’ school bus? In 2015 all Year 7 students, will be attending high school as secondary students. This will have a substantial impact on the ‘Orange’ school bus network and will require significant planning. It is very important that Public Transport Authority establishes the number of eligible students requiring Transport Assistance. The Public Transport Authority is requesting parents that have children starting or changing schools in 2015 and requiring bus travel to complete an online application for Transport Assistance at www.schoolbuses.wa.gov.au by no later than 31 August 2014 for travel in 2015. Please be aware; Transport Assistance is offered to eligible families in two forms, either by ‘Orange’ school bus or a Conveyance Allowance paid to parents to drive their children to and from school. The type of Transport Assistance provided to a family depends on many factors including, location and bus availability. If your child is currently travelling on an ‘Orange’ school bus and they are not changing schools next year, there is no need to reapply or contact us as your transport arrangements as a rule will remain the same. If you have any further questions please phone 9326 2625 or email schoolbus@pta.wa.gov.au

Oz Rock 2015
After a very entertaining bus trip for parents and friends two years ago to see Cold Chisel in Margaret River, the P&F are planning to take a bus load of parents to Busselton for the OZrock Concert on Saturday 24 January. A $20 deposit will secure your seat on the bus with the remaining $95 to be paid by the end of the term. The bus only seats 45 so book your ticket now! The line-up includes: Icehouse, Absolutely 80s, Wendy Matthews, Diesel and James Reyne. The plan is to leave Collie at about 4.30pm. A free ticket is on offer to anyone who volunteers to drive the bus.

Parish News
Projector Operators
Thank you to Mrs Sheree Payne who has taken on the task of coordinating students, past and present, for a roster to operate the projector during the Parish masses on weekends. A huge thank-you to the students who have willingly given up their time to volunteer for this.

RE News
Caritas 50th Anniversary Celebrations
Last Sunday, 17 August, our head boy and girl, Joel Cronin and Tara Read-Wallis, represented St Brigid’s School at a celebratory mass for Caritas Australia. It was fifty years ago that the current organisation began operating in Australia to educate and raise money for disadvantaged people around the world. They joined other schools from around the parish.

First Holy Communion
Last night, our First Holy Communion candidates and their families shared a meal in the Parish Hall. It was a lovely evening with families working together to complete a number of activities including decorating a chalice. Well done to the Prince and McCallum families who won prizes for the respective activities. Father Jaybee was impressed with the creative flair shown by families and found it difficult to choose a winning chalice. Thank-you to everyone for bringing food for the meal and we hope that it was memorable for the candidates.

First Holy Communion will be on Sunday 31 August and our candidates are finishing their preparation. Please keep them in your prayers.

Information Evening
Thursday 4th Sept, Guest Speaker: Fr Tony 7-8pm: Presentation Finding peace in our lives, families, world. Dealing with failure, division, brokenness. A new look at the Sacrament of Reconciliation. 8-8.30pm, Discussion followed by Supper. Please complete and return the attached form to the front office.

Athletics Carnival
For students in Years 1-7, the Athletics Carnival will again be held over two days. On Thursday 11 September students will be involved in their jumping and throwing events. On Friday there will be the team games and running events. Students in Kindy and Pre-Primary will be involved in Friday’s Carnival from 9am and will return to class after their events.
Help Required for Athletics Carnival - Pre-Primary to Year 7

On Thursday 11 September, St. Brigid's will be holding the jumps and throwing events for the Athletics Carnival and then Friday 12 September, will be the running and team events. It would be wonderful to see many family members coming to support their children over the two days.

There have been some changes to this year's Carnival so that children are more involved with less time sitting in their bays. This means we have more events and we are going to need more helpers on the day, with two events being held at the same time.

We are looking for at least 5 people to help set up in the morning on the Friday. If you can help on either day, please fill in the form below by ticking the appropriate box. All help is welcome.

Please return this form by Thursday the 4 September.

Many Thanks

Courtney Langley & Jane Short

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Athletics Carnival

I ____________________________ parent/guardian of ____________________________ can help on one or both of the Carnival days. ____________________________ (Student's name)

☐ Jumps & Throws - Thursday 11 September, Years 1-3 ☐ Years 4 & 5 ☐ Years 6 & 7
(11:20am-12:45pm) (1:30-3:05pm) (9:00-11:00am)

☐ Setting up in the morning (7.30am) - Friday 12 September

☐ I am happy to do anything on the day - Friday 12 September
INFORMATION EVENING Thursday 4th September 2014
(A PARISH/SCHOOL INITIATIVE)

GUEST SPEAKER: Fr. Tony Chiera
VENUE: St Brigid’s Parish Hall
7.00pm - 8.00pm PRESENTATION
8.00pm - 8.30pm DISCUSSION
SUPPER

- Finding Peace in our lives, families, world
- Dealing with failure, division, brokenness
- A new look at the Sacrament of Reconciliation

Name/s (Please Print) ____________________________________________

☐ Able to attend    ☐ Unable to Attend
THE ALL ROUND
reusable everyday lunch bags

Available in: N/A, RED, BLUE, or GREY EDGING

Use to order lunch from the canteen

Use as an everyday cooler bag

Keeps food HOT!!

Keeps food COLD!!

PRICE: $10

NAME:
CLASS:

www.stickybeaks.com.au
THE POWER OF POSITIVE PARENTING

- Struggled with handling your child's behavior
- Wanted to improve the relationship with your child
- Questioned if you were doing the right thing as a parent

PARENTS: Have you ever?
YOU ARE NOT ALONE
Let's talk about how to feel more confident as a parent

WHEN: Thursday September 18th
TIME: 1.00-3.00p.m.
WHERE: St. Brigids PRIMARY SCHOOL

BOOKINGS ESSENTIAL
FREE CRECHE and REFRESHMENTS
Ring Sandra Robertson: 0467941220
Or Email: Sandra.robertson@investinginouryouth.com.au
RSVP by Friday September 12th

In partnership with Investing in our Youth Inc.
Helping children cope with fears and worries

Six year old Jessica doesn't want to go to sleep in her own bed. "You stay with me Mum!", she says. Jessica's Mum reads another story. Her Mum gives her one more kiss and leaves.

A few minutes later, Jessica appears in the doorway. "I'm scared something might happen to the house. The roof might blow away."

Mum: "Nothing's going to happen to the house."

Jessica: "But I saw it on TV."

Jessica had not seemed to be bothered about the TV before. Now her parents realise she must have become worried after seeing TV news items about recent storms.

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Understanding children's fears

Children get scared for all sorts of reasons. Often their fears seem unreasonable to adults. But even what may seem illogical to adults, can be very real to children.

Some fears are very common amongst children, with different sorts of fears appearing at different ages. Preschool children are often afraid of imaginary things like monsters hiding under the bed. In early primary school children are usually more fearful of real things that might happen, like being hurt. Later fears are more typically about possible failure at school or in sport.

Noticing when children are afraid

It's not always easy to tell when a child is frightened or worried. Obvious things that the child responds to immediately, like thunder, are easy enough to recognise. But some things are not as obvious. Children may not tell you they are scared. Often they show it through their behaviour instead.

When children are scared or worried they may:

- become clingy or demand that a parent or carer stay close to them
- have sleeping difficulties or want to sleep in their parent or carers' bed
- lack confidence to do things they did happily before
- avoid situations that make them feel scared or anxious
- ask a parent or carer to do things for them or with them
- complain of tummy aches or headaches.
Helping children to cope with fears

Children need adult support in order to learn to cope with fears. They need reassurance to reduce their anxious feelings, and skills for coping so that they can gradually learn to manage fears themselves.

How parents and carers can help

- Acknowledge how your child is feeling. Naming it, (e.g. 'feeling scared'), helps the child begin to see fear as a normal emotion that can be overcome.
- Stay cool yourself so you can model positive coping.
- Tell them how you learned to get over fears when you were their age.
- Positive self-talk can help children put fears into perspective. For example, "The storms on TV are far away from here. My house will be O.K."
- Asking what a favourite hero might do in this situation can sometimes be helpful for encouraging children to be brave.
- Learning relaxation skills is often very helpful for dealing with fears.
- Help the child put realistic limits around the scary situation. For example, Jessica’s parents could explain that the TV pictures she saw were about something that happens rarely and only when the weather is extreme.
- Since television is a frequent trigger for children’s fears it is important to monitor television viewing to minimise exposure to things that may be frightening. It can also help to discuss scary things at the time they are seen on TV.

Further information on children’s fears and learning to cope is available in the KidsMatter Primary resource sheet Helping children cope with fears and worries and on our website:
www.kidsmatter.edu.au/resources/information-resources

This resource is part of the KidsMatter Primary initiative. We welcome your feedback at www.kidsmatter.edu.au
Round 14 Freestyle Now
Western Australian Skatepark Series

COLLIE SKATE PARK
Lefroy Street, COLLIE
SUNDAY 7 September 2014

Registrations: 10am – 11am
Competition: 11am – 3pm

Categories: Skateboard, Scooter, BMX
Divisions: Beginners, Advanced, Girls only

HELMETS are COMPULSORY in all competitions.

For further information, contact:

Email shaun@freestylenow.net
Facebook www.facebook.com/FreestyleNow

THE 4 SKATEBOARD COMPANY
Stowaway DISTRIBUTION
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SHIRE OF COLLIE